



THE ALAVINE... Together we grow!

**North Dakota Area 43
Al-Anon Family Groups Newsletter**

<http://www.ndal-anon.com>

<http://www.al-anonfamilygroups.org>

Spring 2011

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Al-Anon Family Groups World Service Office (WSO) Board's Vision Statement:

All people affected by someone else's drinking will find help and recovery in every community.

Al-Anon Family Groups WSO Board's Mission Statement:

Anticipate the future and Al-Anon's place in it and ensure that the necessary resources are available.

Deadline for Summer Alavine submissions is June 1, 2011. Send submissions to "nd_alavine@yahoo.com". Note that the Alavine is now available online. Remember to renew your Alavine subscription annually; the form will appear in the Fall Alavine. Please consider maintaining your individual or group commitment of \$10.00/year to help support the costs of maintaining the ND Area Website! Tradition 7 tells us, "...we are self-supporting through our own voluntary contributions."

**ND AREA World Service Committee (AWSC)
TENTATIVE AGENDA
MARCH 18, 2011
Comfort Inn, 1030 East Interstate Ave.
Bismarck, ND (701) 223-1911**

Friday-March 18, 2011, Pre-Assembly meeting

6:30 PM Registration

7:00 PM Finalize agenda for Spring Assembly

See Note below on who attends the AWSC meeting.

What is the Area World Service Committee (AWSC)?

Who attends?

This Committee consists of the officers (Delegate, Chairman, Secretary, Treasurer) of the Assembly, District Representatives, Coordinators (Alateen, Archives, Forum, Group Records, Literature, Newsletter, and Public Outreach), and liaison members (we have none in North Dakota), who meet between Assemblies (for North Dakota, it is the night before the Assembly due to cost) to discuss Area and District matters, plan (go over) the agenda for the Assembly, initiate projects, and make recommendations to the Assembly.

Note from the Area Chair: If you are a Coordinator, Group Representative or District Representative, you are expected to be at Assembly or find an alternate representative. If no one can come, please inform the Chairperson and e-mail your report to be read at assembly.

All Committee members may vote at the meetings of the Area World Service Committee (page 61/62, Al-Anon/Alateen Service Manual, 2010-2013). Items in parentheses are explanations or unique to North Dakota.

ND AREA 43 SPRING ASSEMBLY
TENTATIVE AGENDA
MARCH 19-20, 2011

Comfort Inn, 1030 East Interstate Ave., Bismarck, ND (701) 223-1911

7:30 AM Registration

8:00 AM Announcements

Call meeting to order

Welcome, Traditions, Concepts

Introductions

Secretary's report

Treasurer's report

DISTRICT REPORTS

1. Williston
2. Dickinson
3. Minot
4. Bismarck/Mandan
5. Devils Lake
6. (With District 8)
7. Grand Forks
8. Fargo/Jamestown

COORDINATORS

1. Alateen
2. Alavine
3. Archives
4. Forum
5. Group Records
6. Literature
7. Literature Distribution Center
8. Public Outreach
9. Website

OLD BUSINESS:

1. Task Force Reports: Website
2. Task Force Reports: Policy Manual /Job Descriptions
3. Alavine subscriptions - are subscribers getting their e-copies, hard copies?
4. Task Force: Tri fold format Meeting Lists

NEW BUSINESS:

Vote on Job Descriptions

Vote on Alateen Coordinator

Area Inventory/Chosen Agenda Topics- Delegate's time

NOON - Budget Committee Meeting; 2010 Audit

ASK IT BASKET

ADJOURNMENT

BREAKOUT SESSIONS

Our business should be completed Saturday. If needed, we can complete it Sunday morning. We will plan to hold a spiritual meeting on Sunday morning. Times to be announced later.

District 4 will bring healthy snacks for Saturday. We will stop to eat on our own time- or with friends.

A workshop is being planned by some District 4 members.

Remember to bring your 2010-2013 Service Manual, Fall 2010 Alavine, and Spring 2011 Alavine to Assembly.

**North Dakota--Area 43--Al-Anon Family Group
Treasurer's Report: February 15, 2011**

Beginning Balance December 31, 2010 **\$1,685.72**

INCOME:

Group Income*	\$515.00	
Alavine	30.00	
Income-Fall '10 Assembly Registration	0.00	
Miscellaneous Income	0.00	

Income since December 31, 2010 **545.00**

Total Income **\$2,230.72**

EXPENSES/FALL 2010 ASSEMBLY

Delegate - In State Expenses		
Registration	0.00	
##Meals/Room/Mileage, Etc	0.00	0.00
Chairperson - In State Expenses		
Meals	0.00	
Room	0.00	
Registration	0.00	
Mileage	0.00	0.00
Coordinators/Other Officers**		0.00
Love Gift		0.00
World Service Conference Donation		0.00
World Service Token		0.00
WSO-Equalized Expense		0.00
Miscellaneous Expense		
Treasurer/Registration Supplies	0.00	
Action Committee - Group Svc.	0.00	0.00
Alavine		
Postage & Envelopes	0.00	
Copies	0.00	0.00

Total Expenses since December 31, 2010 **0.00**

Ending Balance February 15, 2011 **\$2,230.72**

**Coordinators - Other Officers Expense includes: Alternate Delegate, Archives, Secretary, Public Outreach, Literature, Treasurer, Group Records, Forum Coordinato, Past Delegates

Do not have a breakdown of total expense as yet.

#\$100.00 of this income is late contribution for 2010.

Area 43 Delegates Report

It doesn't seem like it should be time again to attend the World Service Conference. Where does the time go?? The conference will be held April 11-15, 2011 at the

Wyndham Virginia Beach Oceanfront
Attn: Connie B.
5700 Atlantic Avenue
Virginia Beach Virginia 23451
Phone Number is 757-428-7025

The **theme** for this years conference is:

Expanding our community of hope by embracing:

Yesterday's foundations

Today's successes

Tomorrow's possibilities

If anyone wishes to send cards/letters while I am at conference please use the above address but also add after my name **HOLD FOR WSC CONFERENCE APRIL 11-15**. We will be completing an area inventory at the March Assembly. If I have heard what the chosen agenda items are by then we will discuss them.

I would like to encourage all Al-Anon members to attend the assembly if at all possible. Please remember that this is your assembly even though we do have a business meeting there is a lot of fellowship before, during and after.

We have included the tentative job descriptions that will be voted on at assembly. If after you have read them and have questions or comments please let one of the committee members know so it can be addressed before the assembly if at all possible.

Today it is almost like a spring day here in Fargo but I have heard that we are going back into the deep freeze again next week. Spring can't come fast enough for me, How about the rest of you?

In Al-Anon service,
Connie B.

Coordinator Reports

Forum Coordinator Report:

Hi, I do have progress to report. WSO now knows that I am the area Forum Coordinator, so I have access to e-Communities. However, nothing has been posted to the Forum e-Community since April 2010. Due to very tight finances, I let *my* subscription to the Forum lapse. Fortunately, finances have taken a marked turn for the better and I sent in my subscription. But I missed out on a couple of issues. Now that I'm in the habit of reading them, I really *do* miss them. Make a habit of reading the Forum and encourage other members to do so. As always, I'm available to do workshops on writing for the Forum.

Yours in service, Paula W.

Literature Coordinator Report:

Just to remind you of upcoming literature from World Service Office (WSO): 1) "Tracing Our Growth" about Al-Anon's 1st 60 years is on schedule to be released April of 2011, for our 60th anniversary. 2) "The Legacy Workbook" is scheduled to be released in July 2013 in time for our International Convention in Vancouver.

We had a conference call in September. One of the topics was: What Are Ways I Increase a Wider Use of Literature in Meetings?

Some suggestions were: 1) A game called Meditation Roulette using a roulette wheel, a deck of cards and meditations from 3 of our books. 2) Giving reviews of what's out there for CAL by taking pamphlets and calendars of available books. 3) Quizzes, using CAL, giving books donated by LDC as prizes. 4) One group focuses on certain books 1 week out of every month. 5) This is from my own experience with my home group: I typed up all the slogans, cut them out, put them in an envelope and passed it from person to person who spoke about whatever slogan they had chosen. It was remarkable how appropriate each slogan was regarding what was currently going on in our lives.

The next topic was: Ways I Encourage Members to Write Sharings: 1) by holding a workshop on how to create forum writings. 2) Using CAL that they brought to assembly, they selected one sentence as their favorite, discussed why it was their favorite, and wrote about it for The Forum. 3) Some groups have held Gratitude Dinners; each person who attended discussed what they were grateful for then wrote sharings about it for The Forum.

WSO requests that we write our comments on any of the three Legacy blogs found on our Members' Web site (www.al-anon.org/members); each comment will be considered for the Legacy Workbook in development, as conceptually approved by the 2010 World Service Conference.

For those groups who developed CAL-related workshops, skits and/or projects, please share them with me so I can share them with WSO. My e-mail will be available at the assembly or through the Area Positions List. Please forward any suggestions to me.

A grateful Al-Anon member in service,

Judy S.

Group Records Report:

Think Spring! Think Spring! It's soon March Assembly 2011. . . and to me that means Spring!! (O.K. so maybe this year it's with a lot of snow!! Think the cold weather froze my brain???)

A new year. . .and a new Al-Anon group. Hats off to District 7 with another new group.

What: Sunrise Group AFG

When: Saturday 7:00 AM & Sunday 7:00 AM

Where: Antenna Building, 401 N 7th St, Grand Forks, North Dakota

Contact Person: Ellen H.

As of February 2011 Area 43 (North Dakota) has 42 active Al-Anon Family Groups.

Submitted by Barb S.

Public Outreach Report:

Our last conference call recommended having every Al-Anon member read and then leave at least one copy of "Al-Anon Faces Alcoholism 2011" wherever they felt it would reach someone that might need the help and support that an Al-Anon group can provide. Our district has been attaching a meeting list to the booklet and then leaving it in doctor's waiting rooms, in laundromats, at hair salons, putting it on bulletin boards in public places or in the work place. We have also used our "Crying House Bookmark" and now our new brightly colored bookmark "When you don't know where to turn...because someone drinks too much... Al-Anon Family Groups can help." and attached a meeting list to it and had various members leave them where they can be found to help spread the word about our meeting times and locations. One place that was mentioned was on the bulletin board or pamphlet area where AA meets. This gives them the information that can be passed on to family members and friends.

Our "12-Step Potluck" has been a good place to make some personal contacts with people that can help spread the word about our Al-Anon program and the help that it can provide. In Al-Anon Service, Donna J.

Alavine Editor Coordinator Report:

Thanks to all who gave me their reports in such a timely fashion. Everyone's help and support has made it easier to get the Alavine together and ready for distribution. Please consider contributing a "Zippy One-Liner" or a Personal Sharing for the Summer Alavine.

Peace in Service, Diane

District Reports

District 1:

No report at this time.

District 2:

No report at this time.

District 3:

I announced at the Fall 2010 Assembly that the 515 Group was starting a Sunday night meeting on a trial basis. Unfortunately that meeting did not have enough participation so it was decided to cancel it.

Our district sponsored a "Holiday 12-Step Potluck" on December 3, 2010 to help kick-off the holiday season. This is the second year that we have sponsored this and had a very nice turnout with lots of good food, fellowship, and fun. It has been a very pleasant experience to have time to visit with people from various 12-step groups and their families. Brenda H. was our Al-Anon speaker for the evening and she shared her experience, strength, and hope with all of us. We had a raffle that helped us to get a little financial boost. All of the items were donated by individuals and groups so the money made by selling the tickets was all profit. We also had a "white-elephant gift exchange" that was enjoyed by all. This year we also had a visit from "Santa" and children of all ages received a candy cane from him.

Our next District meeting will be on Saturday February 5, 2011 at 11:30 a.m. at the First Presbyterian Church following our regular 10:00 a.m. meeting. We will be discussing anything that we want to bring up at our Spring Assembly March 18-20, 2011 in Bismarck. I have been approached by someone that would like to start an Alateen Group in Minot. I will put the word out and hopefully we will be able to find at least one or two more people that would be willing to be sponsors to get a meeting

started. She has already had a criminal background check because of her career so that is one hurdle that has been met already.

Lana will be chairing the Northwest Regional Delegates Meeting on March 25-27, 2011 at the Grand International Inn in Minot. When I spoke with her she said that we will need some help at the registration table and some people that would be willing to pick people up at the airport or possibly the train depot. It would be nice to have some Al-Anon members present to help with anything that comes up during the 3-day event. We would not have a vote but it is very interesting to listen especially if you have ever thought about moving forward in service and someday becoming a delegate.

We will also be planning our Spring Fling to be held on April 9, 2011 at the First Presbyterian Church in Minot. This is sponsored by AA with Al-Anon participation. Our Al-Anon speaker will be Lesley M. and I am anxiously waiting to have her share her story with us. We will also be providing the lunch as a fundraiser for our district. We will need lots of help to prepare, serve, and cleanup after the lunch. We have one workshop scheduled on "Working the Fourth Step" and will need to find another topic and someone willing to present it. It is always a great day of fellowship and a nice way to recharge our batteries after the long winter.

In Al-Anon Service, Donna J.

District 4:

Hello to all Al-Anon members! District 4 is excited to be 'hosting' the spring Assembly. We are hoping many of you will be joining us in the capitol city to share ideas that can help to ensure the Al-Anon program remains ALIVE in our Area for years to come!

We held our first district meeting on January 29th, 2011. We have many motivated Group Representatives and have had a lot of good discussion from the sharing of many fresh ideas. Some of these ideas include encouraging service work and planning for leadership positions at all levels! We also completed our distribution of the 2011 Al-Anon faces Alcoholism that the District and some groups had purchased.

District 4 would like to extend our deepest **APPRECIATION** to Gene K. of Mandan. Gene has been very active at every level of service in Al-Anon. He has served Area 43 from Delegate to simply a caring member in his home group. He has recently dialed back his service availability, but we are very grateful for all the years he has 'kept coming back' to be of immense service in Al-Anon. Thank you Gene!!!

I hope you all stay warm until we see many of you in March! Travel SAFELY!!

Respectfully Submitted, Jenn B.

District 5:

Hi, Just a brief report. We still have three meetings, 2 in Devils Lake, and 1 in McVille. I plan to schedule a district meeting as spring approaches. Yours in service, Paula W.

District 6/8:

Our last district meeting was planned for October 2010 in Jamestown. Unfortunately, we were unable to have a meeting because of sickness and other conflicts. However, the James River AFG still hosted their famous "Oops I made too much soup!" which is always lots of fun, food, and fellowship!! The evening meeting was held at the Alano Clubhouse with an AA speaker (Russ M.) followed by the Al-Anon speaker, Cheryl T. (I've heard Cheryl speak at the Alano Anniversary at Valley City and she has a great message.) I know I missed a super day.

Our next district meeting will be held in February 2011 at the Country Kitchen in Fargo (date to be decided).

The 2012 Fall AA Roundup will be held in Fargo. The Roundup Committee is meeting monthly at the Fargo Clubhouse planning this exciting event. Volunteers are welcome!!

Submitted by Barb S., Co-District Representative

District 7:

District 7 meets every other month, the odd months of the year on the first Saturday of the month, from 2:30 to 4:30 at the Antenna Club, Grand Forks, ND. The district continues to have regular open Al-Anon meetings on the 3rd Sunday of every month. They have been well attended. There is a potluck at 5:30 and a speaker meeting at 6:00. Diane D. and Shirley J. have updated the meeting list as a tri-fold for the state of North Dakota. The new meeting lists will be put into Al-Anon Faces Alcoholism 2011, along with Outreach Bookmarks (M-76) and distributed to professionals in the Grand Forks area.

The workshop for the November 2010 meeting Diane D. did a workshop with a board game called Recovery Candyland. Ask her how she put that together. At our January 2011 district meeting Peggy K. did a workshop on Tradition 6 “If it doesn’t have your name on it, don’t pick it up”.

The district ordered “Al-Anon Spoken Here” Table Toppers and distributed them to each group. The Friday night meeting (T.G.I.F.) used the table topper as one of their meeting topics. The district has a new meeting that meets on Saturday and Sunday mornings at 7:00 AM. The group name is Sunrise Al-Anon and they meet at the Antenna Building, 401 N. 7th St. Grand Forks, ND at 7AM on Saturday and Sunday mornings.

Al-Anon speakers will be participating in the open AA Speakers meetings on Saturday evenings at the Sharon Lutheran Church, 1720 S. 20th St., Grand Forks, ND. They will be speaking at 3 different meetings during the 2011 year. February 12, 2011, May 21, 2011 and September 17, 2011. Our next district meeting will be held on March 12, 2011, 2:30-4:30. Submitted by Merilee G.

Website Task Force Report

Hello All! Sue W., Eric P., Michelle H., and I have exchanged e-mails a bit this past month or so and are hoping to brainstorm some thoughts at the AWSC meeting on Friday night. Unfortunately, neither Michelle nor Eric will be able to attend Assembly this time, so I’m hoping that folks interested will participate in the preliminary discussion at the AWSC or at the brainstorming session during the Assembly. Below are some thoughts submitted by District 4:

Organizational thoughts:

Consider separate tabs for upcoming events, MTG list and Alavine.

Upcoming events... Should the website coordinator be contacted directly if a group has a flyer to post?

Alavine..... The tab could navigate away from the home page and have the pdf files listed beginning with most recent.

MTG list pdf.....The meeting list PDF is probably the #1 reason someone is visiting the website. So I feel this should be VERY EASY to find/see when the site is brought up.

(Right now all documents are visible on the home page and the meeting list navigates to the incorrect drop down menu. One has to look through the posts to find the MTG list pdf.)

Scheduling updates:

Consider website updates on the 1st and 15th of the month (noting the last update whether or not changes were made so that members or professionals know the information is current).

Details:

Currently, it is very difficult to read where to click on the links as they don't stand out. Consider **color** or **bolding** of the links.

I hope your committee has been able to form some ideas for reporting back to the Assembly! Thanks for being willing to participate in resolving some of the website issues, so we can make the website a great tool for Al-Anon in North Dakota!

Jenn, District 4 DR

North Dakota Literature Distribution Center (LDC) Report:

February is almost history. That means spring is around the corner. That means Spring Assembly is also around the corner; "hopefully" that means I get to see all of you. That makes me just thrilled and excited to go to Bismarck.

I LOVE the new service manual! Don't You?? We do have 12 left, as of today. The price of the service manual is \$5.00. We also have the new "Groups at Work" pamphlet. The order sheet for the LDC has been updated, and sent to the Alavine, and ND's website. I need to reiterate what is needed when you place an order, and to make things easier. 1) Name of the group that the literature is for. Please do not assume we know which home group is yours. We file your order in that groups file. If you are placing an order for your personal use, please let us know, because you also have a file. 2) We need to know where to ship the order. We also need to know who is sending the payment. Please let us know if you prefer to use a P.O. Box #, that means we ship by US Postal Service, that may take more than 1 day to get to you. If we use Spee Dee Delivery, it will get to you the next day, only if the weather cooperates, and we ship Monday through Thursday. I try to remember to send the receipt for the amount of you literature order (the shipping cost will not be on there) 3) After the order is shipped, I can email you the cost of the shipping, or I can give you a call if you don't have email. Please make check payable to Minot AFG LDC. I try to remember to send an order sheet and a business card. If you do not need them please pass them on to the group or someone who does want it.

If you are new to ordering from the LDC - here's how easy it is: 1) Email what you need to lamine@srt.com or call 701-838-0123 and tell me what you need. I do prefer email, some people are really smart, they email and call me. I let you know when I shipped it and how much shipping costs. I do believe most of the time you'll have your order before I let you know how much shipping is. Again, make check payable to Minot AFG LDC.

Thank you for making the LDC work for ND.

Love in Service,

Lana N.

JOB DESCRIPTIONS: TO BE VOTED ON DURING SPRING ASSEMBLY

AREA CHAIRPERSON

1. Is an active Al-Anon member who:
 - A. Regularly attends Al-Anon meetings.
 - B. Previously served as a District Representative.
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual.
 - A. Area Chairman's duties are outlined in the Service Manual, in the Conference Charter and the Twelve Concepts of Service.
 - B. Is familiar with Robert's Rules of Order and Informed Decision Making as applies to voting procedures.
3. Attends and chairs the Area World Service Committee (AWSC) meetings, Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Alternate Area Chairman and Area Delegate as soon as possible prior to Assembly.
 - B. Makes arrangements to have the Alternate Chairman complete the Chairman's duties at the Area World Service Committee (AWSC) meeting and the Area Assembly.
4. Prepares an agenda for the Area World Service Committee (AWSC) meetings and with the assistance of the Area World Service Committee (AWSC).
5. Sends a written report to the Area Newsletter Coordinator (**The Alavine**) by the deadlines for the Spring, Summer and Fall issues.
6. Area World Service Committee (AWSC): Coordinates with the host District Representative in arranging the Assembly. Such as: location, lunch options, secures map and hotel accommodations.
7. Records all expenses and keeps receipts of those expenses for area functions. (For example: gas, phone, meal, hotel, supplies and postage). The receipts along with the reimbursement sheet are to be submitted to the Area Treasurer at each Assembly.
8. Is an authorized signer of checks for North Dakota Area 43 and is available to the Area Treasurer for signatures as needed.
9. Assists area officers and coordinators in their understanding and knowledge of position responsibilities and determines that these responsibilities are being met.

CHAIRMAN'S ASSEMBLY DUTIES

1. Chairs and conducts the Assembly and Area World Service Committee (AWSC) meeting in an orderly manner allowing for the following:
 - A. Open discussion
 - B. Keeps discussion on track
 - C. Determines when discussion has run its course within the time frame allowed.
2. Provides a sufficient number of copies of the agenda and recommendations for the Area World Service Committee (AWSC), Group Representatives, and an additional 10 copies for visitors and/or non-voting assembly attendees.
3. Prior to assembly, asks three newcomers to read the Twelve Traditions, Twelve Concepts and Warranties.
4. Reports at the Area Assembly a summary of the Area World Service Committee (AWSC). When presenting motions, reads the portion of the policy manual that pertains to the motion and provides an

explanation of the Area World Service Committee (AWSC) motion. Also provides a written report to the Area Secretary by e-mail or regular mail prior to assembly if possible.

5. Asks two non-voting attendees to tally votes if needed.
6. Announces action committees and assigns groups/members to action groups.

ALTERNATE CHAIRPERSON

1. Is an active Al-Anon member who regularly attends Al-Anon meetings.
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Duties are outlined in the Service Manual.
3. Attends Area World Service Committee (AWSC) meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairman and Delegate as soon as possible prior to Assembly.
 - B. The chairman makes arrangements to have an Al-Anon member that they appoint to complete the alternate chairperson duties at the Area World Service Committee (AWSC) meeting and the Area Assembly, if needed.

AREA DELEGATE

1. Is an active Al-Anon member who:
 - A. regularly attends Al-Anon meetings
 - B. previously served as a District Representative.
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Delegate duties are outlined in the Service Manual, in the Conference Charter and the Twelve Concepts of Service.
3. Attends Area World Service Committee (AWSC) meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairman and Alternate Delegate as soon as possible prior to Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. Makes arrangements to have the Alternate Delegate complete the delegate duties at the AWSC meeting and the Area Assembly.
4. Attends the World Service Conference yearly.
5. Attends the Northwest Regional Delegate's Meeting and as a first year delegate receives a token from Area 43.
6. Reports back on the World Service Conference (WSC) at the Fall Area Assembly.
7. Gives a verbal report at Area Assemblies and the Area World Service Committee (AWSC) with information received from the World Service Office. Also provides a written report of the World Service Conference (WSC) to the Area Secretary by e-mail or regular mail so it can be put in the minutes of that Fall Area Assembly.
8. Sends a written report to the Area Newsletter Coordinator (The Alavine) by the deadline for the Spring, Summer and Fall issues.
9. The Area Delegate is the link from the World Service Office to the groups in Area 43. Has an understanding of the Twelve Concepts of Service as the working tool which defines the relationship of the Conference to the Groups and to the World Service Office. Concept 9 defines the leadership role. Has an understanding of the Twelve Traditions and provides leadership in preserving unity.
10. Is familiar with the Al-Anon World Service Conference Charter and its principles.

- 11.** Receives all communications from the World Service Office (WSO) and answers all correspondence from WSO, other delegates and from members and groups in the Area in a timely manner. Checks with coordinators to make sure they have all the information they need from the World Service Office.
- 12.** Provides an E-Buddy Distribution List for the World Service Office. Sends updated information to the World Service Office when an Area World Service Committee (AWSC) member moves, resigns, changes phone numbers or addresses.
- 13.** Records all expenses and keeps receipts of those expenses for area functions. (For example: gas, phone, meals, hotel, supplies and postage). The receipts along with the reimbursement sheet are to be submitted to the Area Treasurer at each Assembly.
- 14.** Is an authorized signer of checks for North Dakota Area 43 and is available to the Area Treasurer for signatures as needed.
- 15.** Communicates and assists the District Representatives in sending out Conference information and reports in a timely manner.
- 16.** Assists the Area Coordinators in obtaining information from the World Service Office and assists in the understanding of the information.
- 17.** Encourage opinions and ideas from area members about Al-Anon literature, policies, concerns and questions and brings them to the World Service Conference (WSC) or to the attention of the World Service Office (WSO).
- 18.** Conducts the Area Inventory during the Spring Assembly.
- 19.** Upon a district's invitation and expense gives the Delegate report, does service workshops or attends district functions.

ALTERNATE DELEGATE

- 1.** Is an active Al-Anon member who regularly attends Al-Anon meetings.
- 2.** Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Duties are outlined in the Service Manual.
- 3.** Attends Area World Service Committee (AWSC) meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A.** Notifies the Area Chairman and Delegate as soon as possible prior to Assembly.
 - B.** The chairman makes arrangements to have an Al-Anon member that they appoint to complete the alternate delegate duties at the Area World Service Committee (AWSC) meeting and the Area Assembly, if needed.

AREA SECRETARY

- 1.** Is an active Al-Anon member who regularly attends Al-Anon meetings.
- 2.** Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Secretary duties are outlined in the Service Manual.
- 3.** Attends Area World Service Committee (AWSC) meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A.** Notifies the Area Chairman and Delegate as soon as possible prior to Assembly.
 - B.** The chairman makes arrangements to have the Alternate Chairman or an Al-Anon member that they appoint to complete the secretary duties at the Area World Service Committee (AWSC) meeting and the Area Assembly.

4. Provides Assembly procedure information to the incoming secretary at the end of the three year term. This would include all minutes from the previous years.
5. Records minutes of the Area World Service Committee (AWSC) meeting and mails or e-mails out minutes following the assembly to all members of the Area World Service Committee (AWSC). *(Should we be doing this?) I feel we should. Keeps communication open and allows time for committee to find/correct Errors if need be. If we are now putting these minutes into the Alavine is this necessary?*
6. Keeps attendance of all Area World Service Committee (AWSC) members and does roll call at each meeting. *Should this be in a 3-ring binder and who keeps this? Secretary or Archives?*
7. Records minutes of the Area Assemblies and mails or e-mails out to all members of the Area World Service Committee (AWSC) in a timely manner. Makes any additions or corrections on previous minutes and gives a written report on additions or corrections to the Newsletter Coordinator by The Alavine deadlines.
8. *Updates the North Dakota Area 43 Policy-Manual. Provides an updated list of motions that updates the policy manual to each Assembly. Provides an updated policy manual at the Spring Assembly following the Fall election assembly once every three years. Furnish a sufficient number of copies of the updated policy manual for the AWSC and Group Representatives. I understand why you had Fall Assembly. However, the policy manual wouldn't have the current officers for the 3 year term and the final updates from the outgoing 3 year term. IS NOW UNDER GROUP SERVICES.*
9. Maintains a current list of all members of the Area World Service Committee (AWSC) and Past Delegates. This list should include addresses, telephone numbers and e-mail addresses where applicable.
10. Keeps records of all minutes for the Area World Service Committee (AWSC) meetings and Area Assembly.

AREA TREASURER

1. Is an active Al-Anon member that regularly attends Al-Anon meetings.
2. Is familiar with the Al-Anon/Alateen Service Manual and North Dakota Area 43 Policy Manual, specifically to the sections on Finances.
3. Attends Area World Service Committee (AWSC) meetings and Area Assemblies. If unable to attend the Assembly does the following:
 - A. Notifies the Area Chairperson and Alternate Delegate as soon as possible prior to Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. The chairman makes arrangements to have the Alternate Delegate or appoints an Al-Anon member complete the treasurer duties at the Area World Service Committee (AWSC) meeting and the Area Assembly.
4. Gives a written and verbal Treasurer's report to the Area World Service Committee (AWSC) meeting and to the Area Assembly.
5. Prepares and submits Area Appeal letters for each Assembly and for the Spring, Summer and Fall issues of The Alavine.
6. Prepares and submits a yearly budget at each Fall Area World Service Committee (AWSC) meeting along with a financial statement.
7. Prepares a Treasurer's Report on the current expenses for each Assembly. This is from Assembly to Assembly. Also prepares a Treasurer's Report for each issue of The Alavine (Spring, Summer and Fall). The ending balance of the previous Alavine's report becomes the beginning balance for the current Alavine. (For example: Fall Alavine ending balance of \$500.80 becomes the beginning balance of \$500.80 in the Spring Alavine Treasurer's report.)

8. Keeps records of each group's contribution throughout the year (Jan-Dec). This information published once a year in the spring edition of the Area newsletter, The Alavine. [To change the assembly would have to vote on it to change it.](#)
9. Maintains a financial picture of the Area and is prepared to explain the financial status to the members. Also maintains orderly records that will be provided to the new Area Treasurer at the end of the current Treasurer's three-year term.
10. Has an audit of the treasurer books completed yearly as per the North Dakota Area 43 Policy Manual page _____. [LIST WHO DOES THE AUDIT](#)
11. Is responsible for submitting the Equalized Expense check (this amount is determined by the World Service Office and not by North Dakota Area 43). The equalized expense helps send our delegate to the World Service Conference. This covers expenses such as: airline tickets, meals, room, etc. **If** the balance in our treasury doesn't cover the equalized expense amount, the treasurer contacts the Area Chairman and the Area World Service Committee (AWSC) to determine a payment solution. Payment needs to be into the World Service Office by December 15th of the current year.

ALATEEN COORDINATOR

1. Is an active Al-Anon member who regularly attends Al-Anon meetings
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Alateen Coordinator duties are outlined in the Service Manual, in the Conference Charter and the Twelve Concepts of Service.
3. Attends Area World Service Committee Meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to the Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. The Area Chairman appoints an Al-Anon member to represent the Alateen Coordinator at the WSC and Assembly.
4. Gives a verbal report about Alateen activities at Area Assemblies and if necessary at the Area World Service Committee meeting on information received from the World Service Office. Provides a written report to the Area secretary immediately following Assembly or before if possible.
5. Educates members on doing Alateen service and sponsorship.
6. Is the Area liaison with the World Service Office regarding Alateen information and activities. Answers all correspondence received in a timely manner.
7. Gives a written report to the Area Newsletter Coordinator before the Alavine deadlines for the Spring, Summer and Fall issues.
8. Cooperates and coordinates Public Outreach Alateen activities with the Public Outreach Coordinator.
9. Maintains contact with Alateen sponsors in the Area and is available to give assistance and support.
10. Is available to do workshops within North Dakota Area 43 on information and projects relating to Alateen at the request of groups/districts expense.
11. Cooperates and coordinates with the Literature and/or Forum Coordinator on all Alateen literature and updates.
12. Communicates with the Group Records Coordinator about any changes or additions. This would include the following but is not inclusive:
 - a. Group ID number and name if a new group starts
 - b. Current mailing address of all Alateen groups

- c. Meeting location if it is changed
- d. Names, addresses, phone number/email address of the Alateen sponsors.
- e. Day and time of meeting if they are changed
- f. Any additional information that needs to be communicated (example would be handicap accessible)

ARCHIVES COORDINATOR

1. Is an active Al-Anon member who regularly attends Al-Anon meetings
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Archive duties are outlined in the Service Manual.
3. Attends Area World Service Committee Meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to the Assembly. **B.** Submits a written report to the Area Chairman.
 - C. The Area Chairman appoints an Al-Anon member to represent the Archives Coordinator at WSC and the Assembly.
4. Keeps all Area Archives in good condition. Preserves and catalogs all Archive materials.
5. Gives a verbal report about archives at Area Assemblies and if necessary at the Area World Service Committee meetings. Provides a written report to the secretary by regular mail or e-mail prior to assembly if possible.
6. Brings a small Archives Display to each assembly.
7. Is the Area Liaison with the World Service Office regarding Archives. Keeps the Area World Service Committee and Area 43 advised of any Archival material needed to add to the collection.
8. Is available to do workshops within North Dakota Area 43 on information and projects relating to Archives at the request of groups/district expense.
9. Initiate area projects and educate members about preserving and cataloging archival material.

FORUM COORDINATOR

1. Is an active Al-Anon member who regularly attends Al-Anon meetings.
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Forum Coordinator duties are outlined in the Service Manual.
3. Attends Area World Service Committee Meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to the Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. the Area Chairman appoints al Al-Anon member to represent the Forum Coordinator at WSC and Assembly.
4. Gives a verbal report about the **Forum** at Area Assemblies and if necessary at the Area World Service Committee meetings. Also provides a written report to the secretary by regular mail or e-mail prior to assembly if possible.
5. Sends a written report to the Area Newsletter Coordinator (**The Alavine**) by the deadlines for Spring, Summer and Fall issues.
6. Is the Area Liaison with the World Service Office regarding The Forum.
7. Is available to do workshops within North Dakota Area 43 on information and projects relating to **The Forum** at the request of a group/district at their expense.

GROUP RECORDS COORDINATOR

1. Is an active Al-Anon member that regularly attends Al-Anon meetings
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Group Records Coordinator duties are outlined in the Service Manual.
3. Attends Area World Service Committee (AWSC) meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. The Area Chairman to appoint an Al-Anon member to represent the Group Records Coordinator at the Area World Service Committee (AWSC) meeting and the Area Assembly.
4. Gives a verbal report at Area Assemblies regarding Group Records activities and if necessary at the Area World Service Committee (AWSC) on information received from the World Service Office. Also provides a written report to the Area Secretary by regular mail or e-mail prior to the assembly if possible.
5. Keeps a current file of all the Al-Anon/Alateen groups in North Dakota by keeping current with updated group mailing addresses, meeting days and times when notified by the Group/District Representative or World Service Office. Also sends any changes to the Newsletter Editor and Web Coordinator.
6. Verifies all groups have an ID number with the World Service Office. **If a group** does not have an ID number, sends a registration form to the group and assists them with registration/re-registration with the World Service Office.
7. Compares the printout sent by the World Service Office to your records and makes corrections as necessary and returns corrections to the World Service Office. Also verifies with the District Representatives that all information is current and correct.
8. Communicates with the District Representatives, Delegate, Alternate Delegate, Area Chairman, Alternate Chairman, Web Coordinator and the Newsletter Editor regarding changes, additions, and corrections to group records.
9. Sends a written report to the Area Newsletter Coordinator (The Alavine) by the deadlines for Spring, Summer and Fall issues.

INTERNET WEBSITE COORDINATOR

1. Is an active Al-Anon member who regularly attends Al-Anon meetings
2. Familiar with the Al-Anon/Alateen Service Manual North Dakota Area 43 Policy Manual. Website Coordinator duties are outlined in the service manual.
3. Attends the Area World Service Committee (AWSC) meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. The Area Chairman to appoint an Al-Anon member to represent the Internet Website Coordinator at the Area World Service Committee (AWSC) meeting and the Area Assembly.
4. Is to pass on information to the future coordinator at the end of the three-year term.
5. Records all expenses and keeps receipts of expenses. i.e.: gas, phone, meal, hotel, supplies, postage. Submits receipts along with the reimbursement sheet to the Area treasurer for payment at the area assembly.

6. Gives a verbal report on website status, issues and activities at Area assemblies. If necessary, reports at the Area World Service Committee on information received from the World Service Office about requests. Provides a written report to the secretary by mail or e-mail prior to assembly is possible.
7. Ensures website pages are hosted, functional and current.
8. Update the content of the website in a reasonable amount of time. Information for updating the group meeting schedules will be obtained from the Group Records Coordinator. Information for updating Area Meeting minutes, agendas and other documents will be obtained from the Area Secretary.
9. Ensures information on the website is consistent with the World Service Office and Area policies and procedures.
10. Submits suggested changes, revisions, and amendments of the Website Policy to the Area World Service Committee for consideration

LITERATURE COORDINATOR

1. Is an active Al-Anon member who regularly attends Al-Anon meetings
2. Is familiar with the Al-Anon/Alateen Service Manual North Dakota Area 43 Policy Manual. Literature coordinator duties are outlined in the Service Manual.
3. Attends the Area World Service Committee (AWSC) meetings and Area Assemblies If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. The Area Chairman to appoint an Al-Anon member to represent the Literature Coordinator at the Area World Service Committee (AWSC) meeting and the Area Assembly.
4. Gives a verbal report at Area assemblies on current news of Literature and information. If necessary, reports at the Area World Service Committee on information receive Attends Area World Service Committee (AWSC) meetings and Area Assemblies d from the World Service Office about requests. Also provides a written report to the Area secretary by regular mail or e-mail prior to assembly if possible.
5. Is available to do workshops within North Dakota Area 43 on information and projects retaining to the Literature.
6. Gives a written report to the Area Newsletter Coordinator for the spring, summer and fall issues of The Alavine.

NEWSLETTER EDITOR COORDINATOR

1. Is an active Al-Anon member who regularly attends Al-Anon meetings
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Newsletter Editor Duties are outlined in the Service Manual.
3. Attends Area World Service Committee Meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. The Area Chairman to appoint an Al-Anon member to represent the Newsletter Coordinator at the Area World Service Committee (AWSC) meeting and the Area Assembly.
4. Submits for reimbursement for expenses of printing and postage within 2 weeks.

5. Gives a verbal report at Area Assemblies and if necessary at the Area World Service Committee on information from the World Service Office. Provides a written report to the secretary by mail or e-mail prior to assembly if possible.
6. Provides a written report for the spring, summer and fall issues of **The Alavine**.
7. Shares service experiences by submitting articles for the Area Highlights and The Forum. Encourages others to submit articles also.
8. Prepares and mails out the newsletter three time per year within two (2) weeks of the deadlines for the spring summer and fall issues.
9. Responsible to exchange newsletters with other areas. Has a display table at Assemblies for members to share and to take.

PUBLIC OUTREACH COORDINATOR

1. Is an active Al-Anon member who regularly attends Al-Anon meetings.
2. Is familiar with the Al-Anon/Alateen Service Manual and the North Dakota Area 43 Policy Manual. Public Outreach duties are outlined in the Service Manual.
3. Attends Area World Service Committee Meetings and Area Assemblies. If unable to attend the Area Assembly does the following:
 - A. Notifies the Area Chairperson as soon as possible prior to Assembly.
 - B. Submits a written report to the Area Chairman.
 - C. The Area Chairman to appoint an Al-Anon member to represent the Group Records Coordinator at the Area World Service Committee (AWSC) meeting and the Area Assembly.
4. Gives a verbal report at Area assemblies and at the Area World Service Committee about Public Outreach. Provides a written report to the secretary by regular mail or e-mail. If necessary, reports at the Area World Service Committee on information received from the World Service Office about requests. Attends Area World Service Committee (AWSC) meetings and Area Assemblies. Also provides a written report to the Area secretary by regular mail or e-mail prior to assembly if possible mail prior to assembly if possible.
5. Area Liaison with the World Service Office regarding Public Outreach to facilities, the public and professional communities, keeping literature and information available.
6. Disseminates and delegates projects and information from the World Service Office to Al-Anon members on the committee. Initiates areas projects and educates members on doing service in Public Outreach.
7. Coordinates projects, literature, and information regarding the public and professional community in North Dakota with District Representatives making “Getting in Touch” with Al-Anon/Alateen easier throughout North Dakota.
8. Is available for putting on workshops within North Dakota on information relating to Public Outreach.
9. Encourages Al-Anon member in Public Outreach service to carry the message “that Al-Anon and Alateen are the best source of help for families and friends of alcoholics”.
10. Gives a written report to the Area Newsletter Coordinator by the deadlines for the spring, summer and fall issues of **The Alavine**.

**North Dakota Al-Anon Family
Group Meetings
Updated 1.7.11**

Williston Area – District 1

Tioga

Tioga Al-Anon Family Group
Stewart Chiropractic Center
16 NW 2nd Street
Monday: 7:00 p.m.

Watford City

24-Hour Al-Anon Family Group
City Library—Sanford Room
112 2nd Avenue NE
Wednesday: 8:00 p.m.

Williston

Williston Al-Anon Family Group
St. Peter's Episcopal Church
111 East 14th St.

Monday: 8:00 p.m.

Dickinson Area – District 2

Dickinson

Wednesday Night Al-Anon Family Group
St. John's Episcopal Church
822 5th Ave. W.
Wednesday: 8:00 p.m.

Bowman

Bowman Al-Anon Family Group
1002 2nd St. NW
Monday: 8:00 p.m.

Minot Area – District 3

Minot

* Minot 515 Al-Anon Family Group
515 5th Ave. NW
Tuesday 8:00 p.m.

* Minot 700 Al-Anon Family Group
700 Club -700 16th Ave. SW (Handicap Access)
Tuesday: Noon
Thursday: 8:00 p.m.

* Monday Nite Newcomer's Meeting
First Presbyterian Church (Handicap Access)
1000 3rd St. NE
Monday: 8:00 p.m.

* Saturday Morning Al-Anon Family Group
First Presbyterian Church (Handicap Access)
1000 3rd St. NE
Saturday: 10:00 a.m.

* Legacy Meetings
700 Club -700 16th Ave. SW
Every 3rd Saturday: 1:00 p.m.

*For update of District 3 meeting
times & places call (701) 838-2737*

Bottineau

Bottineau Al-Anon Family Group
A.A. Building – 124 Sinclair
Thursday: 8:00 p.m.

Kenmare

Kenmare Al-Anon Family Group
Kenmare Community Hospital
317 1st Ave. NW
Thursday: 7:00 p.m.

Bismarck Area – District 4

Bismarck

Monday Night Al-Anon Family Group
McCabe United Methodist Church
1030 6th St. N. (Handicap Access – West Door)
Monday: 7:30 p.m.

North City Al-Anon Family Group
Trinity Lutheran Church
502 N. 4th St.
Thursday: 8:00 p.m.

Saturday Morning Al-Anon Family Group
Good Shepherd Lutheran Church
Washington & Divide
(Handicap Access – South Door)
Saturday: 9:30 a.m.

Mandan

West River Al-Anon Family Group
First Lutheran Church
408 9th St. NW (Handicap Access – North Door)
Tuesday: 8:00 p.m.

Hazen

Knife River Al-Anon Family Group
Masonic Temple (Basement)
Sunday 7:30 p.m. (Mountain Time)

North Dakota Al-Anon Website

www.ndal-anon.com

Al-Anon Family Group Headquarters
www.al-anon.alateen.org
1-757-563-1600

Devis Lake Area – District 5

Devis Lake

Lake Region Al-Anon Family Group

St. Olaf Lutheran Church

601 6th St. NE

Tuesday: 8:00 p.m.

Serenity Al-Anon Family Group

St. Olaf Lutheran Church

601 6th St. NE

Friday: 7:30 p.m. Newcomers

Friday: 8:00 p.m. Regular

McVile

Shevonne Valley Al-Anon Family Group

McVile City Auditorium

Thursday: 8:00 p.m.

Jamestown Area – District 6

Jamestown

James River Al-Anon Family Group

A.A. Building – 518 10th Ave. SE

Tuesday: 8:00 p.m.

Napoleon

Napoleon Al-Anon Family Group

St. Philip's School – 110 Ave. C East

Thursday: 8:30 p.m. Summer

Thursday: 8:00 p.m. Winter

Grand Forks Area – District 7

Grafton

Amity Al-Anon Family Group

98 East 5th St.

Mon./Wed.: 8:00 p.m.; Tues.: Noon

(Open Meeting 3rd Friday of each month; 8PM)

Park River

New Horizons Al-Anon Family Group

3rd St. off Briggs Ave. (Lorac Hall)

Friday: 8:00 p.m.; Sunday: 7:00 p.m.

District 7, continued

Thompson

Happiness Al-Anon Family Group

St. Jude's Catholic Church (North Entrance)

305 Broadway, Handicapped Accessible

Monday: 8:00 p.m.

Grand Forks

Brown Bag Al-Anon Family Group

Antenna Building - 401 N. 7th St.

Monday: Noon

Hope Al-Anon Family Group

Sharon Lutheran Church – 1720 S. 20th St.

Monday: 8:00 p.m.

Primary Purpose Al-Anon Family Group

Sharon Lutheran Church – 1720 S. 20th St.

Tuesday: 7:00 p.m.

Just For Today AFG

Holy Family Catholic Church

1018 18th Ave. S

Thursday: 12:00 p.m.

T.G.I.F. Al-Anon Family Group

Antenna Building - 401 N. 7th St.

Friday: 8:00 p.m.

Sunrise Al-Anon Family Group

Antenna Building - 401 N. 7th St.

Saturday: 7 a.m.; Sunday: 7 a.m.

Open Al-Anon Meeting

Antenna Building - 401 N. 7th St.

Grand Forks

3rd Sunday of each month

Potluck @ 5:30 / Meeting @ 6 p.m.

Fargo Area – District 8

Fargo

Serenity Al-Anon

Hope Lutheran Church – South Campus

3636 25th Street South – Room 101

Monday: 1:00 p.m. (Free Babysitting)

North Fargo Monday Night Al-Anon

Peace Lutheran Church - 1011 12th Ave. N.

Monday: 7:00 p.m.

South Fargo Tuesday Night Al-Anon

Bethlehem Lutheran Church - 613 16th St. S.

Tuesday: 7:00 p.m.

Easy Does It Al-Anon

Olivet Lutheran Church – 1330 S. University Dr.

Tuesday: 6:30 p.m.

Wednesday Afternoon Al-Anon

Pontoppidan Lutheran Church – 309 4th St. N.

Wednesday: 1:15 p.m.

Thursday Night Clubhouse Al-Anon

Fargo Clubhouse - 1112 3rd Ave. S.

Thursday: 8:00 p.m.

Keep It Simple Al-Anon Family Group

Fargo Clubhouse – 1112 3rd Ave. S.

Thursday: 6:00 p.m.

Friday Feelings Al-Anon Family Group

First Lutheran Church, 619 N. Broadway

Friday: 6:30 p.m.

West Fargo West Fargo Monday Night

Faith Lutheran Church – 127 2nd Ave. E.

Monday: 8:00 p.m.

Lisbon Lisbon Al-Anon Family Group

Trinity Lutheran Church – 418 5th Ave. W.

Monday: 8:00 p.m.

Valley City Valley City Al-Anon

Fellowship Corner - 320 2nd Ave. SE

Saturday: 8:00 p.m.

Wahpeton Wahpeton Family Group

Neuman Center – 701 N. 7th St.

Tuesday: 8:00 p.m.